

Aurora Mental Health Center 2010 Annual Report

The Aurora Center for Life Skills, a program of Aurora Mental Health Center, is honored to have won First Place for Clinical Medicine in the National 2010 Lilly Reintegration Awards.

Eli Lilly and Company recently announced that the Aurora Center for Life Skills (ACLS), a program of Aurora Mental Health Center has won "First Place for Clinical Medicine" in the National 2010 Lilly Reintegration Awards. The first place award also carries with it a monetary contribution of \$5,000 to be donated to the recipients' designated program or agency, which in this case will be ACLS.

The Reintegration Awards, which Lilly established in 1997, recognize mental health professionals and individuals battling severe mental illness, for their exceptional contributions and achievements. Specifically, the awards honor treatment teams, programs and services that assist those with severe mental illness as they re-enter the community, as well as individuals with bipolar disorder or schizophrenia who provide hope and support to their peers.

"Every year we look forward to the Awards shining a spotlight on the most innovative and supportive services," said David Ricks, President of Lilly USA, LLC. "It is these dedicated individuals and strong community programs that make it possible for those living with mental illness to reintegrate into society – to secure jobs, housing, education, all the essentials of a meaningful life."

"On behalf of the board of directors and the entire staff of Aurora Mental Health Center, we are very excited and honored to have won the coveted



Lilly Reintegration Award for 2010. The Aurora Center for Life Skills is a very unique program, and at its inception in 1986, was the only one of its kind in the United States.

"The Lilly Reintegration Award is an affirmation that what we do is important in supporting clients in their recovery process. We think the award will provide impetus for the treatment methods we use to be replicated by others."

*Randy Stith, Ph.D., CEO & Executive Director,
Aurora Mental Health Center*

We are very proud of our staff and extremely impressed with the work they have done and the results they have achieved through this program, but more importantly, we are proud of the difference they have made in the lives they have touched over the last 24 years, and the many lives they will help in the future," said Randy Stith, Ph.D., CEO and Executive Director, Aurora Mental Health Center.

The Program

The Aurora Center for Life Skills (ACLS) was created by Aurora Mental Health Center in 1986, because there was no specialized outpatient

mental health treatment for adults with a developmental disability and concurrent mental illness in Colorado.

ACLS started with 12 clients. Services at that time included residential treatment, psychiatric and psychological consulting, and a day treatment program. The program has grown every year and thus far this year more than 350 clients have received services.

"As the program grew, more clients were seen with more severe illnesses and consequently, the program needed to use inpatient treatment more frequently. What we discovered was, clients who were hospitalized for behavioral problems, then released without proper diagnosis and

treatment for mental health issues, had more difficulty in the community and were more likely to be re-hospitalized," said Sarah Avrin, Ph.D., Program Director.

"I can describe, with his permission, a case to illustrate this. It involves one of our most challenging clients who had been referred for outpatient treatment following a hospitalization. This individual had been hospitalized many times for suicidal tendencies and threats to harm others. Once we were able to diagnose and treat his mood disorder, he began to learn the coping skills he needed to help manage his mood swings. Once these issues were under control, he began to identify what he wanted out of life. His last hospitalization was more than eleven years ago. He now lives in his own apartment, works at a job he has held for over six years, and has developed relationships in the community that give him the encouragement and support he needs to live a happy and productive life," said Sarah Avrin, Ph.D., ACLS Program Director, Aurora Mental Health Center.

Eventually, the day treatment model was abandoned in favor of a strength-based model, and a program was designed to promote recovery and help clients build skills to achieve their recovery goals.

See [Aurora Center for Life Skills](#) inside



Living Life to the Fullest Annual Celebration and Art Contest & Show

Aurora Mental Health Center will be hosting their 35th Annual Celebration & 4th Annual Art Contest & Show on Wednesday, October 20, 2010 • 5:00 p.m. at the Red Lion Hotel Denver Southeast, Aurora.

Call 303.617.2300 for more information.





Brenda's Story

I had a lot of problems growing up, inside me, that nobody knew about. There was always a dark cloud over me. I experienced some trauma in my life. I had another experience in my life where something happened to two of my daughters. That was like – I'm done – I was ready to curse God and die! There was the 121 bus right there on Peoria, and I was getting ready to just step out in front of the bus because I was tired of the racing thoughts, I was tired of being dirty, homeless, I was tired of being spiritually dead, no God in my life, no life in my life. I was tired of living the way I was living. So, something in my mind just said "go ahead and just be done with it, nobody will miss you anyway, look at you." So, the bus was a block and a half away and right at that time a police officer saw me, he made a U-turn and asked me "ma'am, can I help you?" So, I felt it was a Godthing.

To make a long story short, I went to jail because I had a warrant. I went to jail and the officer was a God-sent to me. They had a program there in jail from Aurora Mental Health. There was this one doctor there, he was a psychiatrist, and I went there for many, many weeks. And one day, they called me and they said, "what is going to make a difference in your life when you get out this time – what's going to say you're not ever going to go back to that life?" I said, a place to live, therapy and somebody to talk to at any given time, because I don't know how to think. So, a week passed, and they called my name to get out of jail. I couldn't believe it! And, there was a place to live. I wasn't on the streets!

The big deal for me was the classes. Miss Karen was so awesome. She showed me how to think different. She told me about self-esteem, cause I didn't have any. I knew that everything in my life had to be different than anything I had done before, everything. So, I started school, I had to be

busy because with bipolar I had to find something else to think about because my mind is not my friend. So, I started going to school for cosmetology, and I am about to graduate now. But Miss Karen, she showed me how to think, what's irrational, what's rational, what boundaries are, and the big, big thing was my self-esteem. So, today I still go to Aurora Mental Health for my therapy. And my big deal, the deal that keeps me sober, is going to give a haircut to somebody that's just coming out of jail, because it's a constant reminder where God has brought me from. The pain and the hurt, the tears I cried with Karen when nobody was there. In order for me to keep anything, I've got to give it back." **Brenda**

Mental Health First Aid...it's about time!



MENTAL
HEALTH
FIRST AID

What comes to mind when you think of basic first aid? We keep first aid kits in our cars, the upstairs bathroom, the garage and even our offices. Why? Mostly because we know that we need to be prepared to help anyone in a medical emergency regardless of where that emergency happens. Today, with the help

of a new program called Mental Health First Aid, we can expand the "first aid" idea to mental health problems. Mental Health First Aid (MHFA) can teach people how to respond in a mental health emergency and to offer appropriate support to someone who appears to be in emotional distress.

Most of us assume that a mental illness or a mental health problem is something that affects somebody else. The truth is, mental health problems are more common than heart disease, lung disease, and cancer combined. [1]

Mental health issues affect all of us in some way. One in four Americans will be diagnosed with a mental health problem at some point in their lives. [2] It is extremely likely you will encounter someone in your family, workplace, school, church, or community who lives with a diagnosed mental health disorder. You will also encounter others who are experiencing distress or facing a mental health challenge that may require support and assistance short of medical intervention.

Mental Health First Aid is a program by which you can acquire the basic knowledge and skills to respond to an individual in distress, much the same way you acquired CPR skills. The basic program of MHFA provides education on the signs and symptoms of a variety of mental health problems, such as depression, anxiety, substance use, eating disorders, trauma, psychosis, and deliberate self-injury. It describes, in detail, how you can assist in specific situations. It is focused on getting a person appropriate

"In my job, I work with people who are both blind and are experiencing one or more additional complications to their lives. The training I received from Mental Health First Aid has helped me understand the signs and symptoms associated with mental health problems. I know how to recognize and respond to various situations and can better meet our clients' needs."

*Wayne Marshall,
Colorado Center for the Blind*

MHFA will not turn you into a psychiatrist or therapist any more than a first aid class will turn you into a doctor. MHFA is a blueprint for providing comfort, promoting recovery, and helping to reduce distress related to stressful situations, trauma, and crisis. Think of MHFA as a way to obtain the tools to build a trusting relationship that will help you help others.

Many people in distress avoid seeking help or are skeptical of

those who offer assistance because of the widespread stigma of mental illness. Many suffer in silence rather than risk discrimination or ridicule if they seek help. When offering mental health first aid, you become the first line of support. You are there to help a person feel less distressed, and you can be a vital source in helping a person seek further assistance and get beyond the fear of discrimination or ridicule. Your body language, what you say, and how well you listen can have a powerful impact.

"Because of the size of our school, there are no full-time, on-site mental health resources to call upon. The training I received from Mental Health First Aid has been extremely beneficial in working with the students in our community. It has given me the tools I needed to recognize potential problems and the ability to provide support to those individuals. I have been able to help students realize that asking for help doesn't mean they are weak and it's OK to talk about it. I would absolutely recommend this training to other teachers and administrators."

*Sandy Koepke, Dean
Deer Trail School District*

health problem, as they would be to provide CPR or offer first aid assistance in a medical emergency. Aurora Mental Health Center provides this 12-hour training in Mental Health First Aid, tailored to the needs and time constraints of any organization or individual that interacts with the public.

Participants in Mental Health First Aid training sessions presented by Aurora Mental Health Center to date, represent the following organizations:

SHALOM Denver, Mercy Housing, Volunteers of America, Mi Casa Resource Center, Colorado Alliance for Environmental Ed, Academy of Urban Learning, Aurora Youth Options, Arapahoe House, Youth Zone, Empowerment, Community College of Aurora, Colorado Coalition for the Homeless, Denver Boy Scouts of America, Rising Star Baptist Church, Step-Up, Inc, Aurora Police Department Victim's Assistance Unit, Deer Trail Schools, Tina's Tiny Tots Daycare, SCC & Food Bank on the I-70 Corridor, City of Aurora Employees, Aurora First Seventh Day Adventist Church, Strasburg Community Church, Aurora Police Department, Colorado Center for the Blind, Behavioral Healthcare, Inc., and Community Connections.

For more information on Mental Health First Aid, please contact Becky Trickett at 303.617.2605 or email rebeccatrickett@aumhc.org.

Source: Becky Trickett, MSW, LCSW, Adolescent and Family Therapist, Aurora Mental Health Center

[1] Kessler, R.C., Berglund, P.A., Demler, O., Jin, R. and Walters, E.E. (2005) Lifetime prevalence and age-of-onset distributions of DSM-IV Disorders in the National Comorbidity Survey Replication (NCS-R).

[2] U.S. Department of Health and Human Services (1999) Mental health: a report of the Surgeon General – executive summary. Rockville, MD.

Depression:

The signs and symptoms of depression come in many forms. It is important to know the signs of depression because not all of them are obvious. Common symptoms of depression include:

- Sadness or feeling down in the dumps
- A lack of interest or pleasure in normally enjoyable activities
- Problems sleeping (too much or too little)
- Appetite changes (not wanting to eat or eating too much)
- A lack of energy which can include having to put forth great effort to complete everyday responsibilities
- A negative evaluation of one's own self-worth – including a preoccupation with guilt and other regrets
- Difficulty with concentration, memory or being able to make decisions



Some people experience depression in physical terms, such as:

- Body aches, headaches, back pain, muscle aches and joint pain
- Depression may be expressed through irritability, such as becoming easily frustrated over minor matters and snapping at people. This is especially prevalent with children
- Many people who are depressed withdraw from their family and friends
- In the most severe cases, people with depression have thoughts of death and may contemplate suicide

Because these symptoms also occur with other conditions, many depressed people never get help because they don't know that their symptoms can be caused by depression. Fortunately, for most people, psychotherapy and/or medications are very effective in treating depression. If you experience any combination of the symptoms mentioned, please contact your doctor or mental health professional for more information.

Source: Jeff Longo, Ph.D., Licensed Psychologist, Aurora Mental Health Center

Aurora Center for Life Skills continued

Clients define their own recovery goals and receive services that are appropriate to their individual needs. Services include psychiatric consultation and treatment, individual, group, and family therapies, psychoeducation, residential, vocational and case management services.

The ACLS team has become a "Center of Excellence" within our managed care organization and consultations are often sought by other mental health centers for differential diagnosis, since many times the diagnosis of a mental illness is overlooked in persons with a developmental disability.

The Importance of this Award

Ralph Aquila, M.D., chairperson of the Awards committee stated, "We apply the strictest standards in selecting those honored by this program. We now have a 14-year history and a network of hundreds of key players in the delivery of our nation's mental

health services. Our goal is to honor their work and to add to their roster by only choosing individuals and programs that are similarly implementing strategic, progressive services for the mentally ill. If you look at this year's honorees you will see innovative thinking and a results-oriented approach—we do not recognize old, staid, legacy programs—we are looking for true results and true reintegration."

"On behalf of the board of directors, I want to congratulate the Aurora Center for Life Skills staff for winning First Place for Clinical Medicine in the 2010 Lilly Reintegration Awards. We are all very proud of this program and the dedication of each and every member of its staff."

Larry Dávila, President of the Board of Directors, Aurora Mental Health Center



"The Lilly Reintegration Award is an affirmation that what we do is important in supporting clients in their recovery process. We think the award will provide impetus for the treatment methods we use to be replicated by others.

It is gratifying to be recognized for treatment that we know to be effective, and to know that an effective treatment will be available to more people, and that they will have the opportunity to recover, achieve life goals, and significantly improve their quality of life," said Randy Stith, Ph.D., CEO and Executive Director, Aurora Mental Health Center.

Mission Statement

Aurora Mental Health Center is committed to creating healthy and secure communities by providing the least restrictive service that ensures quality, appropriate, and efficient care.

Board of Directors

Officers

Larry Dávila, *President*
June Smigel, *Vice President*
Gregg Fanselau, *Secretary*
Ruth Ryan, *Treasurer*

Appointed Representatives

Barbara Shannon-Banister, *City of Aurora*
Pat Noonan, *Arapahoe County*
Jane Barber, *Aurora Public Schools*
Paul Zimmerman, *Cherry Creek Schools*

Board of Directors Representing the Community

Linda Ashburn	Tim Huffman	Ruth Ryan
Marsha Berzins	Sara Jarrett	June Smigel
Peter Cukale	Elsie Lacy	Sue Spiller
Larry Dávila	Lori MacKenzie	Mark Stephenson
Gigi de Gala	Linda Metsger	Sudhir Verma
Lynn Donaldson	Rachel Nuñez	Sharon Works
Gregg Fanselau	Nancy O'Shields	John Young
Mary Helen Gautreaux	Ora Plummer	Kathy Zinter
Jacqueline Gonzales	Gerry Rasel	
Regis Groff	Suzann Reikofski	

Management Team

Randy Stith, Ph.D., *CEO & Executive Director*
Chris Beasley, Psy.D., *Deputy Director Adult Outpatient Services & Information Services*
George Gielow, *Technology & Operations Director*
Debbie Grace, *Administrative Director*
Mike Kucera, LMFT, *Deputy Director Adult Services*
Dan Dawson, *Chief Financial Officer*
Marvin Robbins, M.D., *Medical Director*
Kathie Snell, LPC, *Deputy Director Family Services*
Richard Swanson, Ph.D., J.D., *Research & Program Evaluation*

Financial Report 2009-2010

Total clients served 14,229

Gender:	# Of People	Percentage
Male:	6,141	43.2%
Female:	8,088	56.8%

Ethnicity of Clients:

American Indian/Alaskan	193	1.4%
Asian	164	1.2%
Black/African American	3,081	21.7%
Hispanic/Latino (all races)	2,967	20.9%
Multi-Racial	691	4.9%
Native Hawaiian/Pacific Islander	36	0.3%
White/Caucasian	9,884	69.5%
Other	180	1.3%

Revenue:

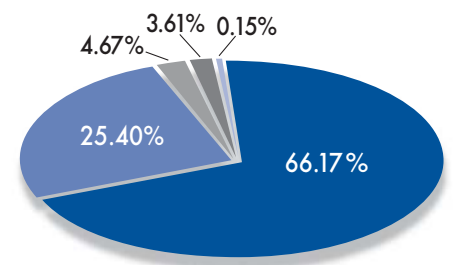
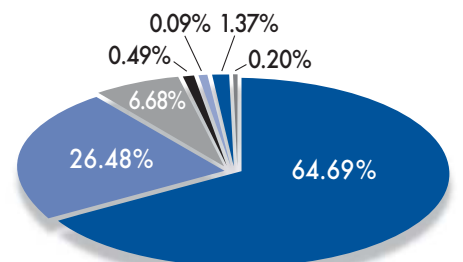
▲ Insurance/Client Billing	\$ 17,788,000	64.69%
▲ Other Contracts & Donated	\$ 7,282,000	26.48%
▲ State of Colorado	\$ 1,838,000	6.68%
▲ Federal Block Grant	\$ 135,000	0.49%
▲ Adams County	\$ 25,000	0.09%
▲ Arapahoe County	\$ 376,000	1.37%
▲ City of Aurora	\$ 55,000	0.20%
TOTAL REVENUE	\$ 27,499,000	100.00%

Expenditures:

▲ Personnel	\$ 18,195,000	66.17%
▲ Operating	\$ 6,986,000	25.40%
▲ Hospital/Client	\$ 1,285,000	4.67%
▲ Occupancy	\$ 992,000	3.61%
▲ Capital Reserves Added (used)	\$ 41,000	0.15%
TOTAL EXPENDITURES	\$ 27,499,000	100.00%

Age of Clients:	# Of People	Percentage
0-3 years old	635	4.5%
4-11 years old	2,613	18.4%
12-17 years old	2,670	18.8%
18-59 years old	7,563	53.2%
60+ years old	748	5.3%

- 69% of our clients have a household annual income below the federal poverty guidelines.
- 39.7% of our clients have no payor source.



Live Life to the Fullest!

303.617.2300

ABOUT US CASE STUDIES RESOURCES NEWSROOM YOUR SUPPORT CAREERS CONTACT US



Remember, you can donate to AuMHC on line

Everyday, lives are changed by the services provided by Aurora Mental Health Center. This year, as we all face challenging times, those we touch at the Center need your help more than ever. With our secure online giving options, you can set up a one time or recurring gift that will support services that make a difference in the lives of children, individuals, and families in our community.

Visit www.aumhc.org and click on "Your support"

Thank You to Our Community Support

Over the past year, we received contributions and grants from 363 individuals, corporations, and foundations. The Aurora Mental Health Center is grateful for this support and to those who have entrusted us with their charitable giving. We are pleased to honor the following individuals, foundations and corporations that have provided this support. Their gifts and partnership demonstrated a commitment to keeping people mentally healthy through innovative programs and services. Without this support, our continued goals could not take place.

Platinum Plus Contributors, \$2,000+

Aurora Chamber of Commerce
Leadership Program Class of 2010
Citywide Banks
The Hanson Group
Johnson and Johnson
Nelnet
Payless Shoe Source

Platinum Contributors, \$1,001-\$2,000

Arapahoe/Douglas Mental Health Network
Behavioral Healthcare, Inc.
EON Office Supplies
Chyrl Gausman
Highlands Behavioral Health System
Sara Jarrett
Kroenke Sports
Lend Lease
Metro Community Provider Network
Randy and Shirley Stith
Walmart

Gold Contributors, \$501-\$1,000

Adolphson & Peterson Construction
Arapahoe County Commissioners
AstraZeneca
Aurora Chamber of Commerce
Aurora Economic Development Council
Aurora Public Schools
Frank and Carla Bennett
Matthew Boone
Allison Clark
Caring for Colorado Foundation
Margaret Charlton
Cherry Creek School District
Colorado Rockies Baseball Club
Columbine Health Plan
Johnny Cruz
Bob Cunico
FirstBank of Aurora
Gay & Lesbian Fund for Colorado
IMA of Colorado, Inc.
Mental Health America of Colorado
Ruth Ryan
Deborah Stafford
Jean Van De Polder

Silver Contributors, \$101-\$500

Hannah Alejandre
American Furniture Warehouse
Lester Anderson
Tom and Linda Ashburn
Aurora Education Foundation
Aurora Publishing Corp. and Aurora Sentinel
Candace Ballard
Tawney Bass
Chris Beasley
Twila Becker
Mary Belanger
Paulette Belanger
Ovid and Sally Beldock
Kelli Binzer

Dan and Cindy Bohl
David Brahinsky
Bob Broom
Todd Burnham
Brian and Melisa Busse
Rachel Byrne
Ruth Campbell
Terry and Dean Caron
Rachel Chamberlain
Mark Choury
Deborah Collins
Colorado Fellowship Joy Group
Colorado Fusion Soccer
Cliff and Tracie Corkill
Susan Dahl
Mary Ellen and John Danuser
Larry and Carol Dávila
Andrea Davoll
Dan Dawson
Denver Elks Lodge #17
Melissa Doidge
Lynn Donaldson
Nancy Fritz
Mark German
George Gielow
Steve and Mary Ellen Goodnight
Goodwill Industries of Denver
Debbie Grace
Ellen Hanes
Karen Harrington
Patricia Healy
Gloria Henderson
Jeff Holler
Nancy Jackson
Tyler and Heather Jackson
Katrina Jarman
B. L. Jensen
Johnson Auto Plaza
Ann Johnston
Judy Kleeman
Bob Krech
Mike Kucera
Elsie Lacy
Jeanine Leversee
Carol Lohr
Lynnea Louison
Lori MacKenzie
Alice Lee Main
Linda Metsger
Tonja Mills
Donna Moody
Becky Mueller
David Murphy
New Vision at the Medical Center of Aurora
Pat Noonan
Alan Peppers
Ed Perlmutter
Brad Pierce
Gerry Rasel
Suzann Reikofski
Lori Richards
Steve Richards
Marv Robbins

Barbara Shannon-Banister
John and June Smigel
Brenden Smith
Kathie Snell
Karen Springer
Sheryl Stefaniak
Mark Stephenson
Harriet Stern
Kelly Stout
Jean Sutherland
Richard Swanson
Stephanie Takis
Michelle Tice
Kat and Gregg Torres
Gary Vansuch
Dave and Cynthia Walker
Marianne Webb
Anne Weiher
Dale Wightman
Nancy Wilkerson
Marion Wilson
Sharon Works

Up to \$100

Obi Agomah
Michelle Ahlquist
Ames Construction
Sherrie Andersen
Brent Anderson
Carol Anstett
William and Cynthia Arbiture
Jim and Annie Ayers
Teresa Barnhart
George Bayliss
Jennifer Beam
Ann Bender
Karen Berner
Marsha Berzins
Brita Beyerlein
Gaylene Blake
Dakota Boyd
Michael Boyer
Shauna Bradney
Sherryl Brandes
Kenneth Broermann
Jennifer Bub
Mathew Calone
Kristen Carlson
Sandra Carter-Duff
Adriana Cedeño
Mary Chelsey
Scott Colglazier
Comcast Cable
Community College of Aurora
Community First Foundation
Glenda Condon
Makis Cousin
Dave Croell
Lori Crouch
Peter and Lynda Cukale
Tammy Damrath
Myra Davidson
Homer Davis
Natalie Davis
Amy Michelle Dawson

Gigi de Gala
George DelGrosso
Matt Demey
Bev Deming
Debra Dennis
Erie Devries
Carol DeYoung
Kelly Dockweiler
Tom Dolan
Barbara Eaton
Laurie Elliott
Michael Ellis
Lance Epps
Tonya Ewers-Maikish
Gregg Fanselau
Lola Fehr
Jeff Fincher
Rollie Fisher
Claudia Frey
Bob Fritsch
Byron Fromm
Nancy Garrett
Mary Helen Gautreaux
Stephan Ghadaifchian
Kay Gilchrist
Michelle Glancy
Cindy Glasco
Donald Goe
Bill Gold
Carol Goldstein
Jacque Gonzales
Regis Groff
Leo and June Hanover
Thomas Hart
Kevin Hawkins
Kenneth Heaps
Carolyn Heider
Marin Helliker
David Henke
Elizabeth Hibbet
Rebecca Hill
Shannon Hill
Julie Holtz
Tim and Dawn Huffman
Mike Jackson
Lynda Kacvinski-Cukale
Richard Kadinger
Mara Kailin
Fred Kerchner
Larisa Kimble
Don Klemme
Colleen Koehler
Alberta Koop
Andrew and Judy Kramer
Susan Krebs
Lorraine Kubicek
Judith Landsberg
Suzanne Lane
Susan Larson
Christine Lee
Joyce Leibbrandt
Karen Levine
Mary Lewis
Rudolph Lie

Michelle Limbaugh
Joe Linhoff
Jeff Longo
Anne Lovett
Ben Mace
Mary Lou Makepeace
Marty and Sandra Mann
Karen Manzanares
Molly Markert
Ron Markovich
Olga Martinez
Cynthia Masotti
Cohen Matthews
Martha Maul
Debi May
Diane McDonald
Mike and Sharon McNeil
Amy McPherson-Wilman
Laci Menamara
Lee Anne Merrifield
Ed Miller
Tracy Miller
Christina Mitsch
Jim Mooney
Rachel Morgan
Lisa Morrissey
Jeanette Moss
Paul Natale
Deb Neeley
Rolanda Nix
Rachel and Alfonso Nuñez
Dan and Nancy Oates
Kristen Olson
Nancy O'Shields
Graciela and Alejandro Pacheco
Madolyn and John Paroske
George Peck
Cathy Perkins
Christine Perlmutter
Sharon Perry
Mariah Peterson
Ora Plummer
Sarah Poffel
Sharon Powers
Amy Prince
Bill Rapp
Davis Reinhart
Charles Richardson
Patricia Riley
Frank Roa
Barbara Robbins
Elizabeth Rogers
Annette Rothman
Pedro Saenz
Peggy Sanborn
James Sanchez
Susan Schoen
Claudia Schore
Michael Sheldon
Cam Short-Camilli
Sharon Shumway
Lorri Sleeth
Bruce and Diane Smith
Geoff Smith

Maki Sodona
Elizabeth Spano
Rakaia Sparrow
Dave and Sue Spiller
Krista Springer
Robert Stoner
Joanna Stratton
Rosanne Surine
Cory Taylor
Linda Taylor
Melinda Taylor
Scott Thoenke
Linda Tinker
Terry and Nancy Todd
Tiffany Totays
Sarah Troy
Judith Upson
Jaye Vachon
Debra Van Scoyk
Sudhir Verma
Michelle Vetter
Lester Vickers
Alicia Vix
Chis Waggett
Deborah Wallace
Marion Walls
Craig Ward
Kenneth Watson
Wheat Ridge Presbyterian Church
Terri Whitley
Nancy Wilkinson
Leslie Winter
Graham Witherspoon
Lynn Witkowski-Walden
Kathryn Works
John Young
Frankie Zikes
Paul and Stacey Zimmerman
Kathy Zinter
Amy Zuckerman

Foundations and Government Supporters

Adams County
Arapahoe County
Arapahoe County VALE
Aurora VISTAS Foundation
City of Aurora
Colorado Department of Behavioral Health
Colorado Department of Corrections
Colorado Department of Labor and Employment
Colorado Governor's Energy Office
Daniels Fund
Denver Foundation
Gill Foundation
Living Through His Word
U.S. Department of Veteran Affairs
U.S. District Court, Denver



All Aurora Mental Health Centers can be reached at 303.617.2300

- 1 Viewpoint Plaza Counseling Center**
11059 East Bethany Drive, Suite 200
Aurora, CO 80014
▲ Administration
▲ Adult Services
▲ Services for Older Adults
▲ Early Childhood and Family Center
- 2 North Aurora Counseling Center**
1646 Elmira Street
Aurora, CO 80010
▲ Adult Services
▲ Offenders Services
▲ Children & Family Outpatient-North
- 3 Hampden Center**
14301 East Hampden Avenue
Aurora, CO 80014
▲ Hampden Academy
▲ Children & Family Outpatient-South

- 4 Alameda Center**
10782 East Alameda Avenue
Aurora, CO 80012
▲ Metro Children's Center
▲ Children & Family Intensive Services
- 5 Leverage Center**
1290 Chambers Road
Aurora, CO 80011
▲ Community Living Program
▲ Dual Disabilities Services
▲ Intensive Services
▲ Residential Services
▲ Vocational Services
▲ Substance Abuse Services
- 6 Community Transitions Program**
1400 Chambers Road
Aurora, CO 80011
▲ Adult Community Re-entry Services

- 7 Intercept Center**
16905 East 2nd Avenue
Aurora, CO 80011
- 8 Fitzsimons Center**
2206 Victor Street
Aurora, CO 80010
▲ Intake/Emergency Services

**Aurora Mental Health Center
Administrative Office**
11059 East Bethany Drive, Suite 200
Aurora, Colorado 80014
303.617.2300 • Fax: 303.617.2397
www.aumhc.org

Newsletter Sign-up

Sign up for our free quarterly newsletter, AuMHC Perspectives, to stay informed on relevant mental health issues and news in your community, receive invitations to events, and the latest communications from Aurora Mental Health Center. Visit www.aumhc.org to sign up today!

All photos and interviews were provided with full cooperation and permission of the people depicted.