

Making A Difference Every Day

Aurora Mental Health Center Annual Report 2007



Dear Aurora Community,

Every year marks several milestones for Aurora Mental Health Center, and this year was no different. In Colorado, we are fortunate to have the support of our First Lady Jeannie Ritter for furthering education initiatives for mental health issues. Ritter's commitment to mental health was made very quickly after her husband's inauguration as Colorado's governor. Since then, she has made great inroads for the treatment and public understanding of mental illness. We were honored to have her participate in our Spring Benefit Luncheon this year and share her insights and her vision for enhancing awareness of mental health issues that face Coloradans.

For Aurora Mental Health Center, we are proud of the progress we made in 2007 toward accomplishing our goals and fulfilling our mission of providing excellent care and services in the most efficient manner possible. This year, we were able to treat 8,802 people and raise more awareness of the services we provide to our community.

As always, we've been blessed with a strong, dedicated Board of Directors who give much of their time, talents, and services to executing our mission. The same can be said for our outstanding staff who continue to make a significant difference in the lives of individuals, families, children, and our community every day.

I want to personally thank all of you in the community who have supported Aurora Mental Health Center in 2007 and in previous years through your donations of time, money, and services. Together, we will continue to reach out and help the lives of people with all types of mental health challenges recover and live full, productive lives.

Sincerely,

Randy Stith, Ph.D.
Executive Director

11059 E. Bethany Drive • Suite 200 • Aurora, Colorado 80014 • 303.617.2300 • Fax 303.617.2397 • www.aumhc.org

Rachel's Story

Early intervention has made a huge impact on Rachel's life.

From the very first day of her life, she had difficulties. By age two, she wasn't walking, talking, and showed little signs of developmental progress. In order to communicate, she became abusive, disruptive, or sometimes shut down completely. These behaviors took a huge toll on her great grandmother, Wanda, who she lived with.

Fortunately, Wanda was referred to Aurora Mental Health Center where Rachel began receiving the help she needed at an early age. Over the years, programs at Aurora Mental Health Center have helped Rachel build self-esteem, resolve conflicts, develop coping skills, and control her impulses. They also helped guide her great grandmother to work proactively with Rachel to create a well-balanced environment.

As Rachel reached new stages in her life and new challenges were introduced, Aurora Mental Health Center was able to adapt her treatment to support her needs. Now at age 10, her positive attitude and hard work allows her to live her life like most 10 year olds.

"Rachel is where she is today because of Aurora Mental Health's programs and involvement," said Wanda. "We think of the staff at Aurora Mental Health Center as family."

Name has been changed to protect confidentiality.



Live Life to the Fullest



Shirley's Story

"It was really hard for me not to be violent or hateful toward others when I heard those bad voices inside my head telling me I'm ugly, worthless, and pathetic. If anyone looked at me funny, I would get scared and angry at them."

Shirley's symptoms started at a very young age when growing up in a severely abusive, demeaning, and destructive environment. Her symptoms worsened as her life plummeted into a downward spiral of drugs, alcohol, violence, and profound abuse. This was normal life to Shirley.

By the time Shirley was 47 years old, she'd had enough of her negative life — in and out of psychiatric hospitals and jails, the violent, inadequate home it created for her own children and grandchildren, and taking all the physical and mental abuse she could handle. She decided to get on a bus and head to Colorado.

Shortly after arriving, she immediately started seeing a therapist and a psychiatrist at Aurora Mental Health Center. She was diagnosed with paranoid schizophrenia.

For the past 12 years, Shirley has received the treatment and care she needed, and has avoided hospitalization, drugs, and alcohol ever since. Now at 59 years old, she has the ability to listen and "talk things out," control her symptoms by consistently taking her medication and using her coping skills, and most importantly, she is able to set an example for her grandchildren and great grandchildren.

"My life changed when I came to Aurora Mental Health Center. They really care about me here. And everyone close to me has seen a huge change in my attitude, behaviors, and overall view on life. I'm a lot more positive on life which I never thought I'd be."

What Aurora Mental Health Center Means To Our Community

Early on in life, most of us develop dreams and goals. As life goes on and circumstances change, so do our dreams and our ability to make them reality. And sometimes the ability to dream stops completely due to outside influences beyond our control.

All of us at Aurora Mental Health Center are fully committed to helping restore the dreams and the goals that mental illness can sometimes steal. We help people with all types of mental health challenges, from mild depression and anxiety to acute schizophrenia and bipolar disorder.

Our Commitment

To help everyone in our care live a full and rewarding life, free of the debilitating effects of mental illness. We will do this by providing quality preventative education, the right clinical care when needed, and by teaching coping and life management skills that enable people in all circumstances to control their attitudes, emotions, behaviors, and ultimately their lives.

We help children develop self-esteem, self-control, and the skills necessary to better cope with future challenges, allowing them to thrive in school, develop positive social interactions, and expand their dreams and goals for their future.

We help teenagers mature into healthy, stable adults by teaching them the skills to conquer their mental illness and be able to overcome stressful and challenging life changes, which will occur throughout their lives.

We help adults reach their true potential and turn their dreams into reality by giving them the means to

think positively, control their mental illness, and stay emotionally healthy.

We help people who are indigent develop self-reliance, create a positive outlook on life, and manage their mental illness, preparing them for a job, independent living, and a whole new future.

We help families to communicate properly, build relationships, and promote the emotional development of each family member, helping to create a wholesome environment.

We help anyone who needs a little boost in mental health learn the skills to control stress, anger, loss, or improve positive thinking, self-esteem, or self-control.

We help children and adults with dual disabilities achieve their dreams and accomplishments by teaching them ways to work with their developmental disability and their mental illness.

We help children directly at school by providing counseling services, giving them the means to function daily in class and helping them discover the love of learning, and academic success.

We help businesses by helping their employees overcome disorders. We help decrease lost productivity and build a positive, fulfilling work environment.

It is our commitment to Aurora to help everyone needing help, regardless of circumstances, life experiences, finances, and genetic make up, overcome mental illness of all severities and types, and live life to the fullest.

Our Mission

Aurora Mental Health Center is committed to creating healthy and secure communities by providing the least restrictive services that ensure quality, appropriate, and efficient care.

Our Goals

Aurora Mental Health Center helps children, teens, adults, families and couples each year develop coping skills to deal with life's expected and unexpected challenges. The Center continues to pursue its goals of:

- ▲ Providing effective, accessible, and responsive mental health services in a cost effective manner with the resources we have available.
- ▲ Maximizing the number of people treated, regardless of their ability to pay.
- ▲ Emphasizing the involvement of family and other social relationships in all of our services.
- ▲ Continuing to search for new technologies and methods of treatment for the best interest of our clients.



Our Success

"I have been a client at Aurora Mental Health for approximately 20 years. I am bipolar and very, very grateful for their compassion and professionalism through the years. Recently, I published a book of poetry wherein I felt compelled to thank my psychologist in prose. Not only am I a happier, more stable person today, I now am armed with the tools and knowledge given to me by Aurora Mental Health."

– Anne-Patrice Tandy

"Aurora Mental Health has been a great part of the success that our family has had with the adoption of our 4 1/2 year old. They helped us to cope with the challenges of integrating our new daughter into our family. Their help was absolutely vital in helping our family feel like a normal and complete family."

– Joanie

"Throughout my life I've had to deal with bipolar disorder and other issues. I don't ignore them, which has made me a stronger, more independent person. I've been able to not only survive, but thrive, with the support of my family, my community, and Aurora Mental Health Center."

– Rick McKinney



Board of Directors

Officers

Larry Davila, President
June Smigel, Vice President
Sue Spiller, Secretary
Ruth Ryan, Treasure

Appointed Representatives

Barbara Shannon-Banister,
City of Aurora
Pat Noonan,
Arapahoe County
Judy Edberg,
Aurora Public Schools
Paul Zimmerman,
Cherry Creek Schools

Board of Directors Representing the Community

Linda Ashburn
Terry Campbell Caron
Harrison Cochran
Peter Cukale
Larry Davila
Stephan Ghadaifchian
Tim Huffman
Elsie Lacy
Rich Martin
Marli Maxey
Sue McCollom
Linda Metsger
Wendy Mitchell
Rachel Nunez
Marc Parker
Madolyn Paroske
Suzann Reikofski
Ruth Ryan
June Smigel
Sue Spiller
June Sturm-Roller
Sudhir Verma
Pat Wojciechowski
Cyndie Wozniak-Behrens
George Zierk
Kathy Zinter



Management Team

Randy Stith, Ph.D.,
Executive Director
Chris Beasley, Psy.D.,
Deputy Director Outpatient Services
George Gielow,
Information and Operations Director

Debbie Grace,
Administrative Director
Mike Kucera, LMFT,
Deputy Director Adult Services
Dan Lounsbury, FHFMA,
Chief Financial Officer

Marvin Robbins, M.D.,
Medical Director
Kathie Snell, LPC,
Deputy Director Family Services
Richard Swanson, Ph.D., J.D.,
Research & Program Evaluation



Financial Report 2006-2007

Total clients served 8,802

Gender:	# Of People	Percentage
Female:	4,937	56.1%
Male:	3,864	43.9%

Ethnicity of Clients:

African-American	1,769	20.1%
American Indian / Alaskan	115	1.3%
Asian / Pacific Islander	107	1.2%
Hispanic Origin	1,680	19.1%
Multi-Racial	347	3.9%
Caucasian	4,772	54.2%

Age of Clients:

	# Of People	Percentage
1-4 yrs. old	196	2.2%
5-19 yrs. old	3,045	34.6%
20-44 yrs. old	3,504	39.6%
45-64 yrs. old	1,674	19.0%
65+ yrs old	384	4.4%

Clients with household annual income below federal poverty guidelines	4,133	46.95%
-----------------------------------------------------------------------	-------	--------

Revenue:

▲ Insurance / Client Visits	\$ 14,200,000	69.30%
▲ Contracts & Donations	\$ 4,370,000	21.33%
▲ State of Colorado	\$ 1,271,000	6.20%
▲ Federal Block Grant	\$ 135,000	0.66%
▲ Adams County	\$ 53,000	0.26%
▲ Arapahoe County	\$ 353,000	1.72%
▲ City of Aurora	\$ 109,000	0.53%
TOTAL REVENUE	\$ 20,491,000	100.00%

Expenditures:

▲ Salaries / Benefits	\$ 14,736,000	71.91%
▲ Occupancy	\$ 607,000	2.96%
▲ Operating	\$ 5,505,000	26.87%
▲ Hospital/Client	\$ 617,000	3.01%
▲ Capital Reserves Added (Used)	\$ (974,000)	(4.75%)
TOTAL REVENUE	\$ 20,491,000	100.00%



Our History

In 1975, Aurora Mental Health Center was founded by a group of concerned Aurora residents who were determined to bring mental health services to the city. It has since grown to be a 501 (c) 3 non-profit corporation with more than 400 regular employees, 50 interns, and 80 volunteers.

Annually, preventative and treatment services are provided to more than 8,500 people, regardless of their ability to pay. These services are provided by 16 specialty clinics, located in seven counseling and specialized service centers, six residential facilities, public schools, two county departments of human services, in homes and foster homes, and at other community locations. The Center's expert mental health professionals and innovative programs have enhanced the lives of thousands of children, teens, adults, couples, and families every year.

Thank You to Our Community Support

Over the past year, we received contributions and grants from 250 individuals, corporations, and foundations. Additional support came from 80 individuals, businesses, and interns who contributed 12,903 hours of their time and talents to the center. The Aurora Mental Health Center is grateful for this support and to those who have entrusted us with their charitable giving.

We are pleased to honor the following individuals, foundations and corporations that have provided this support. Their gifts and partnership demonstrate a commitment to keeping people mentally healthy through innovative programs and services. Without this support, our continued goals could not take place.

Platinum Plus Contributors, \$2,001-\$10,000

Aaron Brothers
William Cecil
Citywide Banks
Kaiser Permanente
Peggy Menke
Ruth Ryan
Randy and Shirley Stith
Larry Sullivan

Arapahoe County Early Childhood Council
Linda and Thomas Ashburn
Aurora Chamber Women in Business
Aurora Sun/Sentinel
Rich Barry
Chris Beasley
Beck Preschool
Twila Becker
Dan and Cindy Bohl
Rachel Byrne
Ruth Campbell
Margaret Charlton

Marty Mann
Robert and Marti Maxey
Tammie Mayfield
David and Sue McCollom
Sharon McNeil
Mr. and Mrs. Mike McNeil
Linda Meyers
NAMI Colorado
Patricia Noonan
Judy Nosler
Dawn O'Neil
Braelin Pantel

Colorado Rapids
Colorado Rockies
Cookies by Design
Becky Cromley
Peter Cukale
Mr. and Mrs. Michael Davis
Bev Deming
Denver Options
David Duquette
Judy Edberg
Lisa Ehrl
Ellen's Sound/Motion Picture Gallery

James Mooney
Carol Ohara
Ernie Ortiz
Paradise Bakery & Café
Norma Patterson
George Peck
Sarah Poffel
Red Carpet Hand Car Wash
Suzann Reikofski
Linda Richardson
RMCAD

Platinum Contributors, \$1,001-\$2,000

Rachel Brinkman
Chyrl Gausman
Marla Pointer
June Sturm-Roller
The Gund Foundation
Wal-Mart #1689

Adrian Comady
Community Works
Community College of Aurora
CompUSA
Kathie Cosgrove
Cristal Cox
Reilly Cunningham

John and Madolyn Paroske
Red Lion Hotel
Alex Regalado
Martin Reichman
Barbara Robbins
June Smigel
Mr. and Mrs. Bruce Smith
Kathie Snell

Englewood Golf Course
Orah Fireman
Fitzsimons Redevelopment Authority
Tom Flanagan
Michael Flynn
Andrea Forlino
Don Frank
Mr. and Mrs. William Garrett

Marvin Robbins
Jacqueline Roberts
Elizabeth Rogers
Andy Rothman
Julie Sabel
Margie Schlotter
Judy Sherman
Donald Sekmaier
Janice Simpson

Gold Contributors, \$501-\$1,000

Adolfson & Peterson Construction
Arapahoe County Commissioners
Arapahoe/Douglas Mental Health Network
Aurora Chamber of Commerce

Mary Ellen Danuser
Larry and Carol Davila
Mr. and Mrs. Kelly Dockweiler
Egbe Iloshwaju Omo Yoruba Ni Kolorado, Inc.
Vanessa Emerson

That Personal Touch Catering
Thorncreek Golf Course
Kat Torres
Mr. and Mrs. Rick Ward
Craig Wolf
Cynthia Wozniak-Behrens
Yest! Golf

Everett Grove
Ellen Hanes
Karen Harrington
Gloria Henderson
Cynthia Hernandez-Ipsen
Lorraine Herrington
Suzanne Herrington
Julie Holtz
Marko Houston

Stephanie Takis
Russell Tallant
Tattered Cover Bookstore
The Rock Restaurant
Theresa Thatcher Minter
Tri-County Health
Sudhir Verma
Laurie Weaver
Frank Weddig
Westerra Credit Union

Aurora Economic Development Council
Aurora Housing Authority
Aurora Public Schools
Tawney Bass
Behavioral Healthcare, Inc.
Frank and Carla Bennett
BHI
Cherry Creek Schools

Patricia Fisher
Kathleen Frazier
Teresa Frederick
Edward Gerrity
George and Joyce Gielow
Charles Glasscock
Bob Goodman
Steve Goodnight

Richard Swanson
That Personal Touch Catering
Thorncreek Golf Course
Kat Torres
Mr. and Mrs. Rick Ward
Craig Wolf
Cynthia Wozniak-Behrens
Yest! Golf

Richard Kadinger
Carole Joy Kennedy
Irwin Kramer
Susan Krebs
Judy Kucharyson
Lisa Kuhlman
Suzanne Lane
Leading Lady Photography

Westerra Credit Union
Linda Wisnowski
Carol Williams
Graham Witherspoon
Larry Yates
Wolsun Yeon
Kysung Yeon
Katherine Zinter

Community Reach Center
Heather Dotan
FirstBank Holding Company
Derrick Hinds
IMA of Colorado
La Cueva, Inc.
Majestic Realty

Heather Gowing
Debbie Grace
Fran Grant
Stephanie Hallcex
Pat Hengerson
Hilton Garden Inn
Joyce Hinson
Mary Hoffman

Carol Birkly
Jonathan Blaine
Carolyn & Pamela Brotzman
Lana Browning
Nancy Bruner
Brunzwick Zone Heather Ridge
Theresa Campbell-Caron

Liberty Savings Bank
Cesar Lopez
Sara Markey
Ron Markovich
Rich Martin
Tina Martinez
Mary McDonald
Susan McNevin

State of Colorado
The Denver Foundation
University of Denver

Metro Community Provider Network
Mr. and Mrs. Tom Leverage
Daniel Pfister
Pinnacle Assurance
Sheldon and Associates
David and Sue Spiller
John and Karen Springer
The Hanson Group
US Banks

Nancy Hoffmaster
INNET, Inc.
Gina Johnson
Melissa Johnston-Burnham
James Justen
Mara Kallin
King Soopers
Andrew Kramer

Mr. and Mrs. D.D. Canaday
Beth Carter
Charity Checks
City of Aurora
Vanessa Coats

Ed Miller
Jincy Mills
Donna Moody

Foundations and Government Supporters
18th Judicial District VALE
Adams County
Arapahoe County
Aurora VISTAS Foundation
City of Aurora
Colorado Trust
LMC Foundation
Project Bloom
State of Colorado
The Denver Foundation
University of Denver

Rebecca Lamaack
Carol Lohr
Daniel Lounsbury

Rebecca Lamaack
Carol Lohr
Daniel Lounsbury

Rebecca Lamaack
Carol Lohr
Daniel Lounsbury

Rebecca Lamaack
Carol Lohr
Daniel Lounsbury

Rebecca Lamaack
Carol Lohr
Daniel Lounsbury

Rebecca Lamaack
Carol Lohr
Daniel Lounsbury

Rebecca Lamaack
Carol Lohr
Daniel Lounsbury

Rebecca Lamaack
Carol Lohr
Daniel Lounsbury

Rebecca Lamaack
Carol Lohr
Daniel Lounsbury

Rebecca Lamaack
Carol Lohr
Daniel Lounsbury

Rebecca Lamaack
Carol Lohr
Daniel Lounsbury

Rebecca Lamaack
Carol Lohr
Daniel Lounsbury

Rebecca Lamaack
Carol Lohr
Daniel Lounsbury

Rebecca Lamaack
Carol Lohr
Daniel Lounsbury

Rebecca Lamaack
Carol Lohr
Daniel Lounsbury

Rebecca Lamaack
Carol Lohr
Daniel Lounsbury

Rebecca Lamaack
Carol Lohr
Daniel Lounsbury

Rebecca Lamaack
Carol Lohr
Daniel Lounsbury

Rebecca Lamaack
Carol Lohr
Daniel Lounsbury

Rebecca Lamaack
Carol Lohr
Daniel Lounsbury

Silver Contributors, \$101-\$500

Alison Arnol
Allegra Print and Imaging

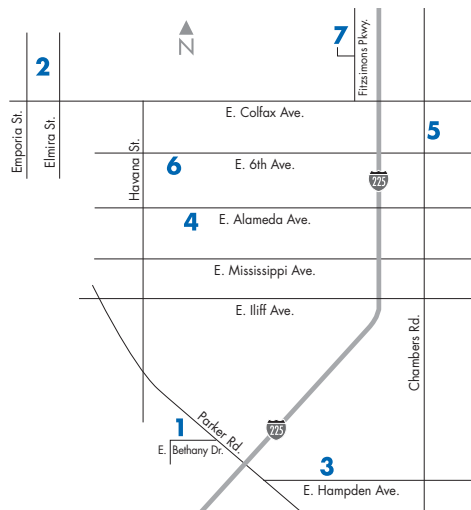
Alison Arnol
Allegra Print and Imaging

Alison Arnol
Allegra Print and Imaging

Alison Arnol
Allegra Print and Imaging

Alison Arnol
Allegra Print and Imaging

All centers can be reached at 303.617.2300



1. Viewpoint Plaza Counseling Center

11059 E. Bethany Dr., Suite 200
Aurora, CO 80014
▲ Administration
▲ Adult Services
▲ Services for Older Adults
▲ Early Childhood and Family Center

2. North Aurora Counseling Center

1646 Elmira St.
Aurora, CO 80010
▲ Adult Services
▲ Offenders Services
▲ Children & Family Outpatient-North

3. Hampden Center

14301 E. Hampden Ave.
Aurora, CO 80014
▲ Hampden Academy
▲ Children & Family Outpatient - South
▲ Adolescent Intensive Services

4. Alameda Center

10782 E. Alameda Ave.
Aurora, CO 80014
▲ Metro Children's Center
▲ Child Intensive Services

5. Leverage Center

1290 Chambers Rd.
Aurora, CO 80011
▲ Community Living Program
▲ Dual Disabilities Services
▲ Intensive Services
▲ Residential Services
▲ Vocational Services

6. Intercept Center

11023 E. 5th Ave.
Aurora, CO 80011

7. Fitzsimons Center

2206 Victor St.
Aurora, CO 80010
▲ Intake/Emergency Services

Aurora Mental Health Center Administrative Office

11059 E. Bethany Dr., Suite 200
Aurora, Colorado 80014
303.617.2300 • Fax: 303.617-2397
www.aumhc.org

All photos and interviews were provided with full cooperation and permission of the people depicted.

Newsletter Sign-up

Sign up for our free quarterly newsletter, AuMHC Perspectives, to stay informed on relevant mental health issues and news in your community, receive invitations to events, and the latest communications from Aurora Mental Health Center. Visit www.aumhc.org to sign up today!