A New Day at Aurora Mental Health Center

On behalf of our clients, staff and Board of Directors, I am pleased to share Aurora Mental Health Center’s (AuMHC’s) 2018 Annual Report. This past year has been one of dedication to our community in the midst of major changes, both in behavioral healthcare and at AuMHC. I am proud to serve as the new CEO of Aurora Mental Health Center after 40 years of strong leadership under Dr. Randy Stith. During my 22 years in the Colorado Behavioral Health System, this organization has been held in very high esteem as a leader and innovator in the field - on both a state and national level. I am grateful for the warm welcome to Aurora and the AuMHC family, and I look forward to serving this community in the days ahead.

I am pleased to share that last year AuMHC provided behavioral and substance abuse services to more than 26,000 people in Arapahoe, Adams and Douglas Counties. AuMHC makes our community stronger by providing essential services such as these to people of all ages. Our services and programs are tailored to fit the needs of everyone from infants to seniors, providing convenient access to high-quality mental health care and wellness programs all across the Aurora area.

As we enter into a time of significant change in behavioral healthcare structures, I am eager for the opportunity to work with all of our partners towards incorporating our past successes into an innovative system of care that will benefit our entire community. We are tremendously proud to serve our community and excited to chart a new future. Thank you for your support of Aurora Mental Health Center and for making community mental health an asset that we value and preserve.

Warm regards,

Kelly Phillips-Henry, PsyD, MBA, CEO

TO THE GREATER AURORA COMMUNITY

For 16 years it has been my honor and privilege to serve on the Aurora Mental Health Center’s Board as the Center grew fivefold, increasing services and diversity. This year more than 500 dedicated staff served thousands of clients in our community.

Our growth included partnerships with the city, counties, courts, first responders, corrections, school systems, refugee center, Asian Pacific Development Center, Aurora Strong Resiliency Center, support for the homeless, veterans programs, substance abuse treatment and crisis services. From every program there are so many hopeful stories of families strengthened, crises managed, addictions overcome and lives saved.

This was a year of change with the retirement of Dr. Randy Stith after four decades of visionary leadership, and a revision of how behavioral healthcare is funded. After an intensive search, we were very fortunate to hire Dr. Kelly Phillips-Henry, who brings executive leadership experience and extensive knowledge of Colorado’s community-based mental health system.

Through the years of triumphs, trials and growth, I remain inspired by the dedication of our staff to help others cope with life’s challenges.

With special thanks to our team, my fellow board members, volunteers – and to all of you who support our mission.

Sincerely,

Harrison Cochran, Board President

Kelly Phillips-Henry, PsyD, MBA, CEO

Dr. Randy Stith speaks at recent retirement party
In 2017, the doors closed on the area’s largest Substance Use Disorder treatment and detox organization. Aurora Mental Health Center stepped up to fill this void, opening East Metro Detox & Recovery Services to serve the community and support our therapeutic recovery services. Since then, we have opened the door to a new life of recovery and hope for over 3,053 people.

“Walking in is like you’re coming into another home, where you are safe and welcome” – TIMOTHY

Substance Use Disorder affects more than 20 million Americans over the age of 12. If you or a loved one needs help, we are here for you. For immediate assistance about detox services, please call 303.923.6888. This line is open and available 24/7/365. To inquire about our Outpatient Services, please call 303.617.2300 Monday-Friday.

Opening Doors to Hope

“Being with my therapist has saved my life - mentally, physically and emotionally” – TIMOTHY

Seeking help for mental health challenges can be frightening. At Connect to Care, we will walk you through our open door and be with you on every step of your journey towards the life you want to live. We remove barriers to care through our drop-in service, where you can come in and get started with a therapist that is right for your needs. Through our extended hours and team-based approach, we will meet you where you are in the moment and help take you to where you want to be.

“My therapist gets me back into a state of mind that gives me courage and uplifts my spirit” – AISHA

To access services, please call or visit us at 791 Chambers Road, Aurora, CO 80011

303.617.2300
Walk-in hours:
Monday-Thursday: 8 am – 7 pm
Friday: 8 am – 5 pm

“It’s great to be able to walk in to see your doctor and not wait weeks. This has really helped me. I can come in more often when I need to.” – AISHA
**Revenue**
- Insurance/Client Billing: $31,363,776 (66.34%)
- Other Contracts & Donated: $11,824,000 (25.01%)
- State, County & City: $4,090,085 (8.65%)
- Total Revenue: $47,277,861 (100.00%)

**Expenditures**
- Salaries/Benefits: $35,470,060 (75.02%)
- Occupancy: $1,278,836 (2.70%)
- Operating & Client Costs: $10,163,690 (21.50%)
- Total Expenditures: $46,912,586 (99.23%)

**Financials & Demographics**

**SUMMARY OF SERVICES**
- Adult Services
  - Individual & couples counseling
  - Integrated healthcare
  - Older adult services
  - Medication services
  - Immigrant and refugee services
  - Trauma-focused treatment
  - Vocational training & employment services
- Child & Family Services
  - Early childhood programs
  - Family counseling
  - Early intervention screening & referral
  - School- based therapy
  - Medication services
  - National Traumatic Stress Network provider and partner
  - Day treatment programs
- Specialized Services
  - Crisis services 24/7
  - Integrated services
  - Substance abuse services
  - Homeless outreach & services
  - Offender-related treatment
- Research and innovation
- Training and education
- Mental Health First Aid
- Crisis Response Team with law enforcement

**Ethnicity**
- Hispanic: 28.6%
- White: 71.5%
- African American: 16.7%
- Asian/Pacific Islander: 3.2%
- Other: 8.6%

**Age**
- 71% Adults
- 29% Children

**By The Numbers**

- People Trained: 2,303
- Calls Received: 106,466
- Unique Clients: 26,150
- Total Served: 134,919
- Total Trainings: 79
- Others Trained: 2,147
- First Responders Trained: 156

- Detox Clients: 3,053
- Employees: 542
- Languages Spoken by Staff: 48

- More than 81 cents of every dollar is spent on services
- 56% Dropped off by law enforcement
In fiscal year 2017 - 2018, over 350 individuals, businesses and foundations supported Aurora Mental Health Center through their generous contributions and 470 individuals shared their time and talents through their volunteer efforts. As a nonprofit community mental health center, public support is critical to our ability to deliver the highest quality of care possible and we thank you!
1 Viewpoint Plaza - 11059 E Bethany Dr
2 North Center - 1646 Elmira St
3 Hampden Center - 14301 E Hampden Ave
4 Alameda Center - 10782 E Alameda Ave
5 Providers’ Resource Clearinghouse (PRC)
   14500 E 33rd Pl
6 Chambers Center - 1390 & 1400 Chambers Rd
7 Intercept Center - 16905 E 2nd Ave
8 Victor Center - 2206 Victor St
9 Galena Center - 1504 Galena St
10 Asian Pacific Development Center
   1537 Alton St
11 The Stith Center - 791 Chambers Rd
12 Smoky Hill Counseling Center
   20971 E Smoky Hill Rd
13 Aurora Strong Resilience Center/Aurora Youth Options
   1296 Peoria St
14 Homeless Services - 1544 Elmira St
15 East Metro Detox & Recovery Center
   1290 S Potomac St
16 Community Connections
   12455 E Mississippi Ave, Suite 104

303.617.2300
www.aumhc.com

Aurora Mental Health Center
Live Life to the Fullest