



Aurora Mental Health Center *Live Life to the Fullest*

Aurora Youth Options (AYO)

AYO is a prevention program that receives referrals from the community for youth in middle and high school in need of supportive resources. AYO Youth Specialists meet with the youth and family to complete an interview and screening that identifies risk and protective factors, interests, and needs. Youth Specialists use the information to identify resources in the community, from art classes and sports, to unique opportunities that are a good fit for the youth and family. Youth Specialists help the youth and family navigate systems and connect with these resources, with the ultimate goal of building skills and contributing to positive youth development.

AYO also provides mentoring, substance abuse resistance programs and academic tutoring.

Students learn to engage with youth and families, conduct basic interviewing and assist youth and families in connecting to resources. Students will have the ability to work directly with youth and families as well as community partners. Opportunities may vary from year to year, depending on specific programming at AYO.

Student Placements Available and Requirements: Undergraduate students interested in working with youth, learning about Positive Youth Development, and building on protective factors in a prevention program.

Send [application](#), resume, and letter of interest to:

AuroraYouthOptionsStudents@aumhc.org