

FOSTERING HEALTHY FUTURES

Prevention



Fostering Healthy Futures is an evidenced-based preventive intervention for 9-11 year-old children living in out-of-home care due to abuse and/or neglect. Using therapeutic mentoring and therapeutic skills groups, the Fostering Healthy Futures program involves youth, their families, and communities in efforts to promote healthy adolescent development and reduce problem behaviors. Student interns/externs work an average of 18-20 hours a week and work primarily in the community. They have the opportunity to work intensively with two children and their families throughout the academic year.

Graduate students receive weekly training, supervision and 24/7 support for their mentoring in the community.

Children receive mentoring twice a week in community-based visits that include activities and life skills lessons with their mentor.

SPIRIT of FHF is to serve ALL stakeholders.

Children support each other in a weekly skills group, where they learn resilience skills and future thinking.

Families, case workers and the community see children heal, believe in themselves and develop skills for the future.

Student Placements Requirements: Must clear a background check, have access to a car, active driver's license and full coverage insurance. Interns must be able to work evenings and occasional weekends.

Send [application](#), resume, and letter of interest to: FosteringHealthyFuturesStudents@aumhc.org