

Why Choose Aurora Mental Health Center for Help?

Are you or a loved one struggling with addiction and the personal and professional chaos it can create?

Substance Use Disorder, often referred to as "addiction," affects more than 20 million Americans over the age of 12. While important, we know that people are more than numbers. We understand that each person is unique and requires a recovery plan custom to their needs. With over 42 years of serving our community, Aurora Mental Health Center has developed evidence-based services that help people achieve their recovery goals.



Outpatient Services

1 Alameda Center
10782 East Alameda Avenue
Aurora, CO 80012

Monday – Saturday
Call 303.617.2300

Detox (Withdrawal Management)

2 East Metro Detox
& Recovery Services
1290 South Potomac Street
Aurora, CO 80012

Available 24/7/365
Call 303.923.6888

SUBSTANCE USE and RECOVERY SERVICES

Begin recovery
Repair relationships
Rediscover hope



Outpatient Services

Detox

(Withdrawal Management Services)



Specialized Women's Treatment

Gender-responsive treatment for women.

Family and Couple's Therapy

Family members and significant others are important to an individual's recovery. Family and couple's therapy creates a healthy environment for open and honest communication.

DUI Education and Therapy

Classes and therapy sessions designed for those convicted of a DUI. We offer **Level I** and **Level II** Education and **Level II** Therapy.

Screening and Evaluations

Substance use screening is available to help determine if a specific substance is present in an individual's system.

Evaluations are designed to establish the presence or absence of a diagnosable substance use issue. The evaluation results will also determine the appropriate type of treatment needed.

Additional Services

- Case Management
- Vocational Counseling
- Referral and Advocacy
- 24/7 Urine Analysis and Breathalyzer Monitoring
- Medical Assisted Treatment (**Coming Soon**)

Traditional Outpatient Treatment

These services are customized for each person's recovery needs. Services may include individual therapy sessions, group therapy sessions, and the development of skills and techniques for sober living.

Intensive Outpatient Treatment

Group and individual therapy sessions focused on strategies that promote recovery and accountability.

Teen Outpatient Treatment

Designed for individuals 12-17 years old. Teens will engage in one-on-one, group, and family therapy sessions.

These inpatient services are for adults 18 years or older who are intoxicated or in withdrawal. We provide safe place to detox, recover, and explore treatment options.

For information about detox services, please call 303.923.6888. This number can be called 24/7/365.



For more information or to access all programs, call **303.617.2300** or email **recoverysud@aumhc.org**.

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