

**Crisis Respite care, offered through six Denver-area community mental health centers, gives families a safe, educational, enriching outlet for their children to thrive.**

These mental health centers have partnered with Colorado Crisis Services to expand Respite offerings:



Do YOU...

- Feel you have what it takes to enrich the lives of youth?
- Want to see the world anew through the eyes of a child?
- Know instinctively how to uplift and connect to behaviorally-challenging children?

You can help us continue on the path to provide Respite services by opening your home and providing care to kids in your community.

## WHAT OUR RESPITE YOUTH ARE SAYING

*"She's very nice (Respite provider).  
She's like another family member to me.  
A part of an extended family."*

*"Her daughters (Respite provider) are  
like sisters to me."*



SUPPORT.  
**INSPIRE.**  
THRIVE.



OPEN YOUR  
**HOME.**



YOUR  
**LIFE.**

## How to be Involved

I'm interested in being a Respite Provider to a family in need:

- ☐ I'm patient, caring, and excited to create meaningful experiences
- ☐ I strive to be a positive role model and want to give back to the community by making a difference in the lives of children
- ☐ I believe my time will have impact in the lives of Respite participants
- ☐ I can be available for scheduled sessions of 4 hours after school during the week, and/or 8 hours on a Saturday or Sunday, and I'm potentially able to provide overnight Respite

YOUR  
**HEART.**



BeARespiteProvider@AuMHC.org || 303.617.2468

TO BE A RESPITE PROVIDER CALL  
**303.617.2468**





## Respite is the opportunity you're seeking.

### Non-Crisis Respite is:

- A parent being able to take a moment
- A child being able to live in the moment
- A provider creating new moments
- A child thriving in new activities
- A provider knowing they're impacting young lives
- A gift of self and time

Respite care services provide temporary, short-term care of a child (aged 4-17) with challenging behaviors, and are rendered by adults other than the primary caregivers. Crisis Respite for immediate care and routine scheduled respite is available. Crisis Respite occurs immediately and is tailored to the needs of the child and family in an emergency situation. ALL of the children in our Respite programs need structured, engaging, and activity-oriented care just 1-2 days on a weekend, and either once a week, every other week, or even just once a month. Respite programs are designed to provide positive supervision as a supplement to therapeutic services already in place. Respite youth all have parents or legal guardians, and none are in the custody of the Department of Human Services.

### Provider Benefits:

- You will enjoy new experiences, activities, and meaningful time with a Respite child
- Providing Respite is a part time position that can easily mesh with a flexible lifestyle
- We offer very competitive rates to qualified providers
- All care providers earn certification as a licensed foster care home
- You'll be paid for the time it takes you to get certified
- The mileage reimbursement program covers your travel costs
- You'll be aiding in a child's development of emotional self-regulation, increased self-sufficiency, and socialization skills so he/she can be on the road to mental health recovery



*Rowan is 7. Since his dad left, he struggles to fall asleep at night. Sometimes he can't control his anger and he yells at his mom. He often screams and doesn't even know why. It's her fault his dad left. And she's always working or giving all her attention to his little sister. **It makes him so very angry. And lonely. And sad.***

### **Stephanie works two jobs and is taking online college courses.**

*Her son, Rowan, and her baby daughter Sophia, are her whole world. But it's so darned hard at times. While she's motivated to create a better life for her children and herself, she finds she simply needs a break. Since her husband left, Rowan has been throwing tantrums consistently and seems to take out his anger on her. It's difficult to predict when this happens. Stephanie wishes she could give her son more of what he needs, but she just doesn't have much left to give at the end of the day. **She's exhausted, distraught, and worried.***

\*scenarios are portrayals



# Our program is looking for you.



## WHAT OUR RESPITE CARETAKERS ARE SAYING

**I know I'm making a difference...**

- "When I see a kid's smile after so many tears."*
- "When I hear a kid say, 'I miss my mom, I'm glad you are here.'"*
- "When I see a child who is excited to get a break with me and experience new environments and surroundings."*