



11059 E. Bethany Drive
Suite 200
Aurora, CO 80014
303.617.2300
www.aumhc.org

Free Fathering program- space still available- Begins January 6

The Nurturing Father's Program is a free, 12 week program at The Aurora Mental Health Center, for dads and male caregivers.

Class begins January 6, 2016, and meets Wednesday evenings from 6:00-8:00.

Weekly dinner, and class materials are provided.

Dads are encouraged to bring young children to participate in a Social Skills group while dads are in class.

The goals of this program are to improve each person's overall experience of fathering in a supportive group environment. Dads will have an opportunity to explore new ways of communicating with children, as well as family members.

The Social Skills group for children allows children to participate in a fun and age appropriate programs, with a fun activity with dads at the end of each class.

(Dads are not required to bring children in order to participate in this program.)

Class begins Jan.6, 2016, and meets weekly from 6-8 p.m. on Tuesdays. It includes dinner, Social Skills group for young children and childcare if needed.

The location is at Aurora Mental Health Center's Viewpoint facility located at 11059 E Bethany Drive, Aurora, CO 80014. (Corner of Parker Road and Bethany)

Please call Nancy Regalado at 303-552-6231 or 303-627-2041 for more information or to register.

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Contact: Cindy Bohl, 303 617 2373

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